

70TH ANNUAL CSSRA Regatta

Held Friday June 5th, Saturday June 6th & Sunday June 7th 2015

Henley Island

This is the culminating 3 day regatta for the high school season. Crews arrive from all over Canada and the United States in order to participate in this national event! It's amazing!

Admission 2015

Athletes do **NOT** pay admission. They will receive athlete bracelets from Mike, Ali and Peter.

*Children
under 12
free

are

Adults

\$22.00 for 3 day pass

\$7.00 Friday

\$9.00 Saturday

\$9.00 Sunday

Students & Seniors

\$18.00 for 3 day pass

\$6.00 Friday

\$8.00 Saturday

\$8.00 Sunday

Where do I find the team?

Westdale will have a large white parent/athlete tent set up on the island under which we will house and prepare food for the three racing days.

The Westdale tent will be located at about the 1500 mark. It is site **R3**.



dreamstime.com

Who brings the food?

Each family will sign up for food contributions for this event as collectively, we are providing food for the athletes and their families over the course of all 3 regatta days (Friday, Saturday and Sunday).

Thursday kids are on their own for food.

A food sign-up sheet is posted with this parent information sheet. There are lists of food items, quantities needed and a place to sign your name.

The estimated overall cost for the food listed on this spreadsheet for the weekend is about \$1350.00.

- *For families who are able*, please aim for approximately \$35.00 - \$40.00 of groceries to contribute, this will spread out the costs fairly evenly.
- Please remember to label all utensils, bowls etc.
- The least amount of prep, the better so please chop all items assemble salads beforehand etc.
- PLEASE coordinate that the food you signed up for arrives at/before the time that it is needed.
- Also **please bring the food on the day that you signed up for it**. Please do not bring Saturday's food on Friday as we have no storage facilities for it.

Please text any questions regarding food sign-up to Dina's cell at 905 869 3462. Ali is going to use a different format of Google document so hopefully the link will be active to accept your input. (Google docs performs best with Google Chrome).

BBQ/Truck/Trailer?

Do you have a **BBQ** or a **camp stove** that you can get to the island?

Do you have a **truck** or a **box trailer** that you have access to and are able to transport items to the island? We need to hear from you! The BBQs and stoves should be in place Thursday night so that we are ready to roll first thing Friday morning.

Please call Brock's cell if you are able to help with this. 289 208 5527



Athlete ID

Competitors must produce **photo ID** at the weigh-ins and at the dock before launching. Current school year Photo ID or Government issued ID are the only acceptable IDs allowed. D.O.B. not required on School ID.

Interested in Live web cams? Purchasing WiFi? Having access to draw sheets? Live results?

Visit: <http://www.cssra.ca/>

Last but not least

Please note: On **Sunday June 7th** after the regatta, the team, (**coaches, athletes and families**) will all get together for a celebration of a fabulous Westdale Rowing 2015 season. I've made reservations at **Kelsey's (875 Main Street West)** in their basement room for **7pm**. Kelsey's has booked extra staff for our large group in order to better accommodate any food and beverage orders that we may have. Meeting at 7pm will give families enough time to get home, get cleaned up and assemble at Kelsey's for a time of community and to hear a few closing words from the coaches.



Leander Boat Club

...well almost last.....Summer Club Rowing at LBC

For those athletes interested in checking out what summer rowing looks like. There is a meeting at **LBC on June 10th at 5pm**. There you will meet the head junior team rowing coach at LBC and have any of your questions answered!

There are competitive opportunities for juniors U17 and U19 men and women. There is also a bantam league for younger athletes just starting out. (For parents, there is learn to row, rec rowing, as well as heart and stroke rowing opportunities as well)

Whether this is your first or your last CSSRA regatta or somewhere in between, we want to wish you a wonderful weekend of good sportsmanship, good competition, success and a wonderful time!

Go warriors!



Dina Gadsdon



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