



Hamilton City Champs

Bayfront Park, Hamilton, Saturday May 23rd 2015

The **Hamilton City Champs** is a regatta that affords an opportunity for rowers from the five Hamilton area high schools to compete against one another. Bishop Tonnos, Saint Mary's, Hillfield Strathallen College, Ancaster and Westdale will all be vying to be named the top Hamilton Rowing High School this **Saturday May 23rd** at Bayfront Park; and all are welcome.



Parking

There is a large parking lot just at the mouth of the slip in Bayfront Park.

This friendly competition sees boats launch at the beach. Boats preparing to race, row to the slip and reposition their rowing sculls to start. Boats race just short of 2 km down the slip and out toward the High level Bridge.

Water and Food

Have your athlete come supplied with enough water and food for the day. There is the same limitation to access to water and keeping hydrated is of paramount importance.



Weather and Shelter



As things look now (Wednesday evening), they are calling for a sunny day and a high of 19, of course that can change quickly. So the message is, please have your athlete dress for the day including wearing sunblock. Athlete tents can be set up according to the map. Parents can set up chairs along the course in order to view the races.

Medals

Once the races are completed, all competitors and spectators make their way back to the Leander Boat Club Parking lot in order that the Club Manager can present the medals and name the top high school. Things usually are wrapped up by mid to late afternoon.

“Sharing Sharing Sharing”

If you know of a parent/family/new rower from another Hamilton high school who you think may benefit from this information, please pass it along as it's our intent to help make this a positive event for everyone. Sometimes extended family members don't always know how to navigate through the park to the races, so please share across any friends from other high schools and we'll see you at the races!



Best wishes to all competitors,

Dina Gadsdon